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Ministry of Tourism
Government of India
Bengaluru Office



RAMAIAH
UNIVERSITY
OF APPLIED SCIENCES



India Tourism Bengaluru & Ramaiah University of Applied Sciences

Cordially invite you to

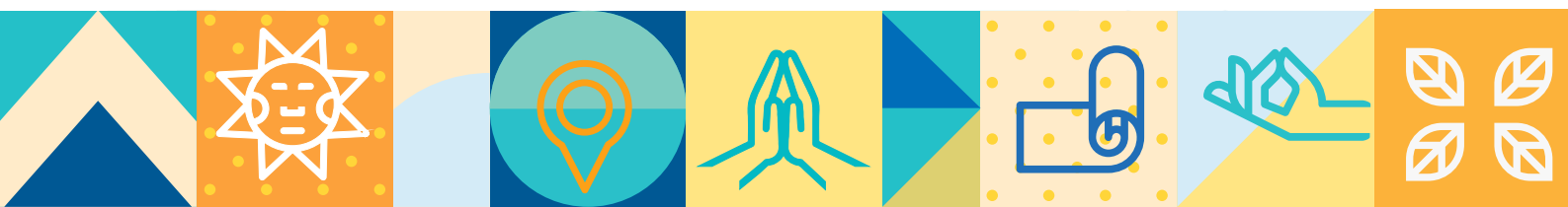
INTERNATIONAL DAY OF YOGA 2025

Theme : “Yoga for One Earth, One Health”

21st June 2025, 6 AM onwards

Venue

*Dwaraka Auditorium,
Ramaiah University of Applied Sciences,
Gnanagangothri Campus, New BEL Road,
Bengaluru - 560054*





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11th International Day of Yoga 2025

21st June 2025

Time	Programme
6.15 AM	Registration
6.30 AM	Virtual Address by Hon'ble Prime Minister, Shri Narendra Modi
7.00 AM	'Significance of Practicing Yoga' by Prof. Vijayadas, Head-Department of Physiology, Ramaiah Medical College Demonstration of Yoga Asanas by students of RUAS Short video on 'From Ancient Roots to Modern Mats: The Story of Yoga'
7.30 AM	Lighting of the Lamp
7.35 AM	Yoga Session
8.20 AM	Ramaiah Anthem
8.25 AM	Welcome Address by Prof. Govind R. Kadambi, PVC, RUAS
8.30 AM	Inauguration of Fitness Club
8.35 AM	Address by Dr. Prathap Lingaiah, State NSS Officer, Dept. Of Youth Empowerment & Sports, GoK
8.40 AM	Address by Dr. Prahalada Ramarao, Co-Founder & Chief Innovation Officer, Hylenn Technologies Private Limited & Former Pro Vice Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana
8.50 AM	Felicitation of Chief Guest and Guests of Honour
8.55 AM	Presidential Address by Prof. Kuldeep Kumar Raina, Vice Chancellor RUAS
9.00 AM	Vote of Thanks by Mr. Manav Doshi, Cultural Ambassador, RUAS Student Council
9.05 AM	National Anthem
9.10 AM	Breakfast

